Taco Chili for 16

- ~ 3 lb. lean (at least 80%) ground beef
- ~ 2 cups chopped onions
- ~ 2 1.25 oz. pkg. Taco Seasoning Mix
- ~ 4 15.5 oz. cans diced tomatoes with green chilies, undrained
- ~ 2 15 oz. cans tomato sauce
- ~ 1 lb. pkg frozen corn
- ~ 4 15.5 oz. cans southwestern black beans with chili spices, undrained
- ~ Fritos
- ~ shredded cheddar cheese
- 1. In 8-quart Dutch oven, cook ground beef and onions over medium-high heat until beef is thoroughly cooked, stirring frequently. Drain. Stir in taco seasoning mix, tomatoes, tomato sauce and corn. Bring to a boil. Reduce heat to medium; cook 10 to 15 minutes or until corn is tender, stirring occasionally.
- 2. Stir in beans; return to a boil. Reduce heat to medium; cook 10 minutes or until thoroughly heated and flavors are blended, stirring occasionally.
- 3. Spoon 6 cups of the chili into each of four 6-cup freezer/microwave-safe containers. Cool 30 to 45 minutes. Cover; refrigerate up to 3 days or freeze up to 2 months.
- 4. Thaw 1 container of chili in refrigerator for 48 hours, or uncover and thaw in microwave on Defrost for 30 to 40 minutes.
- 5. To heat refrigerated or thawed chili, cover loosely and microwave on High for 6 to 8 minutes or until thoroughly heated, stirring once or twice. Spoon into 4 individual serving bowls and sprinkle each with Fritos and shredded cheese.

4peatssake.wordpress.com