

Taco Salad

- ~ 1 lb. of ground beef
- ~ 1 head of lettuce or bag of lettuce
- ~ 1-2 tomatoes
- ~ 1 can of Kidney beans
- ~ Cheddar cheese
- ~ Avocado (optional)
- ~ Doritos
- ~ Thousand Island dressing

1. Brown up the ground beef. Once the ground beef is browned drain off the fat and set it aside to cool.

2. Chop up the lettuce and tomatoes and add to a large bowl. Drain the Kidney beans and add them to the lettuce and tomatoes. Add a couple of handfuls of cheddar cheese or as much as you like.

3. Add in browned ground beef and toss with Thousand Island dressing, enough to coat. Top with crunched up Doritos.