

## Tropical Fruit Sorbet

- ~ 2 ripe bananas, peeled
- ~ 1/2 pineapple, peeled and cored
- ~ 1 mango, peeled and cored
- ~ 1 cup orange juice, I used fresh squeezed
- ~ 2/3 cup sugar
- ~ 2 Tbsp. coconut rum, I didn't have any and so I omitted it
- ~ juice of half a lime

1. Cut the banana, pineapple, and mango into small chunks. Add to the blender, along with the orange juice, sugar, rum, and lime juice. Puree until very smooth.

2. Chill the mixture thoroughly and then freeze it in your ice cream maker according to the manufacturer's instructions.

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